

David M. Motzenbecker

Curriculum Vitae

PROFESSIONAL HISTORY

**Founder & Certified Shinrin Yoku Guide, Forest Bathing Trail Certification Consultant, Principal Landscape Architect
PLA, ANFT**

Motz Studios Forest Bathing Experiences, Minneapolis, MN
May 2018 – present

Project experience includes:

- Allina Health – Forest Walk for Comms Team
- Mayo Clinic – Staff Respite Spaces Study
- BrainJolt Media – Forest Walk for Corporate Board
- Edina Public Schools, American Indian Education Dept. – Forest Walk
- Carlson Global Institute – U of MN Carlson Business School – Staff Intention Setting Walk
- Project Diva International – Forest Walk
- Green Island Preserve, Wadena, MN – Forest Bathing Trail Design Consulting
- Silverwood Park - Executive Staff Forest Walk
- Silverwood Park - Forest Walks – Date Night & Ongoing
- Silverwood Park - Forest Therapy Trail Design & Certification
- Three Rivers Park District – Forest Walks
- Bloomington Parks & Recreation – Forest Walks
- Fridley Parks & Recreation – Forest Walks
- Minneapolis Park & Recreation Board – Forest Walks
- 612 Sauna – Forest Walk & Sauna combos
- Whitewater State Park, Rochester, MN - Forest Therapy Trail & Nature Play Area Consultation
- Support Series for Empaths and Highly Sensitive People – Forest Walks
- MAARCH – Forest Walk for Board Retreat
- Ney Nature Center – Forest Walk
- Pathways Minneapolis – Executive Staff Forest Walk
- Pathways Minneapolis – Forest Walks for Pathways' Clients
- A & H Architecture – Firm Retreat Forest Walk
- Snow Kreilich Architects - Wellness Committee Forest Walk
- ESG Architects – Client/Project Forest Walk, Biophilic Consulting
- The Hotel Ivy – Executive Staff Forest Walk
- Sauna Society Outfitters – Executive Staff Forest Walk
- Field Experience – Forest Walks for Artists
- ASLA—MN – Forest Walks
- Anoka-Hennepin Community Education – Forest Walks
- Bloomington Community Education – Forest Walks
- Minnetonka Community Education – Forest Walks
- Moundsview Community Education – Forest Walks
- Plymouth Community Education – Forest Walks
- Prior Lake-Savage Community Education – Forest Walks
- Robbinsdale Community Education – Forest Walks
- St. Louis Park Community Education – Forest Walks
- Wayzata Community Education – Forest Walks
- White Bear Lake Community Education – Forest Walks
- Feng Shui Institute of Minnesota – Private Member Forest Walk
- K.M. Campbell Wellness – Forest Sampler Walks for Clients
- University of Minnesota Rochester – New Student Orientation Forest Walk
- Minneapolis College – Staff, Student, and Teacher Forest Walks
- Vermillion Community College; Ely, MN - Staff, Student, and Teacher Forest Walks
- North Hennepin Community College – Student Forest Walk
- Pine Island High School/University of Minnesota – Rochester - Ecoliteracy SCHOOL Forest Walk

- Minnesota Personalized Medicine – Executive Staff and Patient Forest Walk
- Christ The King Church, Bloomington, MN – Forest Walk
- Incarnation Catholic Church Plaza Design - Minneapolis, MN
- Parkera, Inc. – Biophilic writing and consulting
- Nova RiverNorth Mixed Use Development – Minneapolis, MN
- YWCA St. Paul Redevelopment, St. Paul, MN
- Luther Seminary Campus – Lower Campus Redevelopment, St. Paul, MN

Design Director – Landscape Architecture Studio, ASLA, PLA

Cunningham Group, Minneapolis, MN

May 2013 – May 2018

Project experience includes:

- Metro Transit Heywood Campus Master Plan, Minneapolis, MN
- St. Cloud Tech HS Site Design, St. Cloud, MN
- St. Cloud High Schools Master Plan + Site Design, St. Cloud, MN
- Sartell HS Site Design, Sartell, MN
- Boy Scouts of America Leadership Center, Minneapolis, MN
- Eloise Butler Wildflower Garden Boardwalk, Minneapolis, MN
- Lake Bde Maka Ska Refectory, Minneapolis, MN
- Northfield @ Stapleton Residential Development, Denver, CO
- Whittier Neighborhood Nicollet + Lake Vision Plan, Minneapolis, MN
- St. Cloud Cathedral HS – School Campus Master Plan, St. Cloud, MN
- City of Lakes Waldorf School – Campus Site Master Plan, Minneapolis, MN
- Prospect North Eco-District – Public Realm Design, Minneapolis, MN
- Louisville High School Master Plan, Woodland Hills, CA
- Prince of Peace Lutheran Church, Burnsville, MN
- Red Sun Plaza, Nanjing, PRC
- Minnesota State Fair – North Entry, Minneapolis, MN
- Moline @ Stapleton Residential Development, Denver, CO
- Great Northern Greenway Visioning, Minneapolis, MN
- Parnassus Preparatory School Master Plan, Maple Grove, MN
- St. Paul Public Schools Facilities Master Plan, St. Paul, MN
- St. Paul Public Schools – St. Anthony Park, St. Paul, MN
- St. Paul Public Schools – Como HS, St. Paul, MN
- St. Paul Public Schools – Humboldt HS, St. Paul, MN
- Watts Learning Center Site Design, Los Angeles, CA
- The Bishop's School Master Plan, La Jolla, CA
- Presbyterian Homes Senior Living, Renton, WA

Associate Partner / Director of Landscape Architecture, ASLA, PLA, APA, ULI

BKV Group, Minneapolis, MN

January 2011- May 2013

Project experience includes:

- Pillsbury A-Mill Artist Lofts - National Historic Landmark Redevelopment, Minneapolis, MN
- Schmidt's Brewery Artist Lofts - Historic Landmark Redevelopment, St. Paul, MN
- One Southdale Place Residential, Edina, MN
- 222 Hennepin Residential Development, Minneapolis, MN
- MoZaic Art Park Plaza, Minneapolis, MN
- Washington / Huron Residences, Minneapolis, MN
- UTEC Residential, Minneapolis, MN
- 3535 Grand Residences, Minneapolis, MN
- LIME Residences, Minneapolis, MN
- Elsewherehouse Residential Lofts, Minneapolis, MN
- Vue Residences, Minneapolis, MN
- The Flats at West End, St. Louis Park, MN

- Florida Avenue Redevelopment, Washington, DC
- Buzza Building Historic Lofts Redevelopment, Minneapolis, MN
- Greenway Heights Apartments, Minneapolis, MN
- Vernon Avenue Townhomes, Edina, MN
- Silver Lake Village Senior Apartments, St. Anthony, MN
- Cavanagh Senior Apartments, Crystal, MN
- Stone Arch 2 Apartments, Minneapolis, MN
- Mill City Quarter Apartments, Minneapolis, MN
- Eddy's Lake Resort Master Plan + Site Design, Onamia, MN

Senior Associate, ASLA, PLA, APA, ULI

oslund.and.assoc., Minneapolis, MN

August 2000 – December 2010

Project experience includes:

- Gold Medal Park, Minneapolis, MN
- Minneapolis College of Art & Design Master Plan, Academic Expansion, Sculpture Garden, and Surface Lot - Minneapolis, MN
- I-35W Memorial, Minneapolis, MN
- Minneapolis Public Schools Stormwater Gardens, Minneapolis, MN
- Mason City Public Library, Mason City, IA
- Augsburg College, Center for Science, Business & Religion, Minneapolis, MN
- Augsburg College Master Plan, Minneapolis, MN
- Sanford Health Research Park, Sioux Falls, SD
- Sanford Health Children's Hospital, Sioux Falls, SD
- Sanford Health Master Plan, Sioux Falls, SD
- Sanford Health Land Use & Master Plan, Luverne, MN
- Sanford Health Land Use & Master Plan, Chamberlain, SD
- University of Sioux Falls Master Plan, Sioux Falls, SD
- Hamline University Klas Center Plaza, St. Paul, MN
- Hamline University Master Plan, St. Paul, MN
- Rural Learning Center, Howard, SD
- Greenpark Villas Housing Development Master Plan, Beijing, China
- University of Minnesota Morris Master Plan, Morris, MN
- University of Minnesota Crookston Master Plan Update, Crookston, MN
- Flathead Valley Community College Master Plan, Kalispell, MT
- Numerous private residential estate plans
- All graphic design, marketing/development materials
- New project development

SPEAKING ENGAGEMENTS / SYMPOSIUMS / INTERVIEWS / PROGRAMS

Women's Health Leadership Trust

- **2022 Wellbeing Retreat**, *Speaker – Fostering Healthy Leaders: Forest Bathing for Resilience & Relief*, Minneapolis, MN, November 3, 2022.

Women's Forest Congress

- **2022 Inaugural Women's Forest Congress**, *Speaker – Forests: Our Source of Creativity & Wisdom* Minneapolis, MN, October 17, 2022.

SpiritWoods Wellness

- **2022 Mental Health Professional Retreat**, *Speaker – Relief & Restoration: Forest Bathing for Healthcare and Mental Health Professionals* Stillwater, MN, October 1, 2022.

River Valley Yoga Festival

- **2022 Inaugural Festival**, *Speaker – The Forest Philosopher: Interlocking Approaches to Intention* Stillwater, MN, September 23-25, 2022.

Isanti County Master Gardeners

- **2022 Burst Into Spring Conference**, *Keynote Speaker - Finding Resilience in the Forest: Intuition & Intention in Nature*, Minneapolis, MN, March 14, 2022.

Learn Laugh Leap Podcast

- **2021 Podcast Series**, *Ep.8/11 Shinrin Yoku - Forest Bathing: David Motzenbecker*, Minneapolis, MN, August 11, 2021.
<https://www.learnlaughleap.com/>

Well Connected Twin Cities Podcast

- **2021 Podcast Series**, *Season 2, Ep.41 Forest Bathing Experiences*, Minneapolis, MN, April 29, 2021.
<https://www.buzzsprout.com/828199/8428597>

The Wandering Naturalist (National Award-Winning Podcast)

- **2021 Podcast Series**, *Ep.81 Healing in Nature, Soap for the Soul*, Minneapolis, MN, March 3, 2021.
<https://thewanderingnaturalist.libsyn.com/website/episode-81-healing-in-nature-soap-for-the-soul>

The Inspiring Co Podcast with Dana Readings

- **2021 Podcast Series**, *Ep.16 How to Boost Your Vitamin 'N' – Forest Bathing with David Motzenbecker*, Toronto, Canada. February 4, 2021.
<https://theinspiringco.com/ep-16-how-to-boost-your-vitamin-n-forest-bathing-with-david-motzenbecker/>

EngageAsia

- **EngageAsia Resilience Webinar 2020**, *Finding Resilience in the Forest: Team Benefits of a Slow Walk in the Woods*, Global webinar audience. December 15, 2020.

International Forest Therapy Days

- **2020 Conference Speaker**, *Finding Common Ground: Forest Bathing & Global Approaches to Wellness*, Parkano, Finland. September 26-27, 2020.

Feng Shui Institute of the Midwest

- **2020 Speaker Series - July**, *Tapping Into the Spirit of the Forest For Your Wellbeing*, Minneapolis, MN. July 14, 2020.

International Facility Management Association (IFMA) – Minneapolis/St. Paul Chapter

- **2020 Speaker Series**, *The Forest Fix: Facilities' Role in Stewarding Wellness*, Minneapolis, MN. June 17, 2020.

American Association of University Women (AAUW)

- **2020 Speaker Series**, *The Forest: Your New Tool for Health & Inspiration*, Minneapolis, MN. April 13, 2020.

The Big Blue Marble Podcast with Anwar Knight

- **2020 Podcast Series**, *An Antidote for Chaos: Forest Bathing*, Toronto, Canada. March 30, 2020.
<https://bigbluemarble.earth/podcast/an-antidote-for-chaos-forest-bathing-episode-13/>

Wayzed Up Podcast: Wayzata Community Education

- **2020 Podcast Series**, *Forest Bathing*, Wayzata, MN. Summer 2020.
<https://www.wayzataschools.org/communityed/about/podcast>

Forest Bathing International

- **2019 International Forest Bathing Conference**, *Master of Ceremonies and Panel Moderator*, Sonoma County, California. July 10-15, 2019.

EFUF (European Forum on Urban Forestry)

- **EFUF 2019: Urban Forests – Full of Energy**, *Immersive Healing: Why Cities Should Incorporate Forest Therapy & Biophilic Design Into the Urban Fabric*, Presenter, Cologne, Germany. May 24, 2019.

Mayo Destination Medical Center (w/USGBC)

- **2019 Sustainability Series, Presenter** *Nature & Cities: It's Not Optional Anymore*. Rochester, MN. May 8, 2019.

AIA Minnesota

- **2018 Annual Conference, Presenter, *Tension & Resolution: New Ideas for Community Public Engagement.*** Minneapolis, MN. November 16, 2018.

Minnesota Gerontological Society

- **2019 Annual Conference, *Healing Power of Nature: Enhancing Spaces Inside and Out.*** Minneapolis, MN. April 23, 2019.
- **2018 Annual Conference, *Biophilia & The Healing Power of Nature.*** Minneapolis, MN. April 27, 2018.

German Marshall Fund

- **2016 BUILD Bilbao Urban Innovation Leadership Dialogues. *Invited Participant.*** Bilbao, Spain. October 2016.

American Architectural Foundation

- **2011 City Design Leadership Forum Leadership in Initiating & Delivering City Change through Design. *Invited Speaker/Participant.*** Washington, DC. October 2011.

American Planning Association

- **2010 APA Upper Midwest Conference Public Engagement for the 21st Century. *Speaker.*** Mankato, MN September 2010.
- **2009 Working Effectively With Elected & Appointed Officials APA National Conference, *Panelist,*** Minneapolis, MN. April 26, 2009.
- **2009 Nicollet Mall & The Warehouse District APA National Conference, *Tour Leader,*** Minneapolis, MN. April 28, 2009.

American Society of Landscape Architects

- **2015 “Celebrating Solutions” ASLA-MN Annual Conference *Speaker/Presenter – Global Divergence in Landscape Architecture,*** Minneapolis, MN. May 1, 2015.

British American Project

- **2020 Panel Series: Reimagining Spaces, *Panelist,*** Webinar. June 16, 2020.
- **2013 Preventing The Big Public Health Challenge Panel Discussion Cambridge Conference *Panelist,*** Cambridge, UK. November 8, 2013.

Urban Land Institute

- **2009 The New American Dream: The Demands of a New Generation ULI Minnesota *Panel Discussion Curator,*** Minneapolis, MN. April 16, 2009.
- **2008 Turning A Building Into A Brand: A Fresh Approach to Marketing In Turbulent Times, ULI Minnesota *Panel Discussion Curator,*** Minneapolis, MN. February 21, 2008.
- **2007 The Young & The Restless II: The Different Faces of Sustainability, ULI Minnesota *Panel Discussion Curator,*** Minneapolis, MN. February 22, 2007.
- **2006 The Young & The Restless: How The Twin Cities Compete For Young Talent, ULI Minnesota *Panel Discussion Curator,*** Minneapolis, MN. January 12, 2006.

Planning & Design Education Conferences

- **2010 Hennepin County Education Session Public Engagement for the 21st Century. *Speaker.*** Minneapolis, MN September 2010.
- **2007 Greening Rooftops for Sustainable Communities Conference, Session 1.4 – City of Minneapolis Policy: The Green Roof Policy, Incentives & Regulations. *Speaker.*** Minneapolis, MN. May 1, 2007.
- **2006 Landscape Forms Design Roundtable: Campus Planning And Design, *Panelist.*** Kalamazoo, MI September 13 & 14 2006.
- **2005 Justice by Design?: Planners Network Conference on Design, Minneapolis, MN. *Panelist.*** Panel: Neighborhood Organizing in Minneapolis. June 4, 2005
- **2002 CELA Conference, SUNY Syracuse, *Speaker,*** Environmental Literacy – Curriculum to Educate the New Generations of a Changing Planet – program initiated by Mary DeLaitre, Groundwork City Building.

oslund.and.assoc.

- **2007 Live TV Interview – KARE-TV (NBC). *Live shots from Gold Medal Park and interview with David Motzenbecker.***

May 16, 2007.

- **2007 Live TV Interviews – KMSB-TV (FOX).** *Live shots from Gold Medal Park and interviews with David Motzenbecker.* May 16, 2007.
- **2007 Radio Interview – WCCO-AM.** *Interview with David Motzenbecker.* May 16, 2007.

Individual Speaking Engagements & Podcasts

- **DFL Education Foundation** *Web 2.0, Wikis & Community Engagement for Comprehensive Planning.* August 9, 2009. http://www.idream.tv/podcast/motzenbecker_david.php

PUBLICATIONS / PRESS

2021

- **Welcome Along On A Forest Bath**, Parks & Trails Council of MN - Lisa Filter, Minneapolis, MN. December 17, 2021. <https://www.parksandtrails.org/2021/12/17/forest-bathing/>
- **Spirituality & Well Being**, Hennepin Lawyer - Lisa Buck, Minneapolis, MN. September, 2021. <https://www.mnbar.org/hennepin-county-bar-association/resources/hennepin-lawyer/articles/2021/08/27/spirituality-and-well-being>
- **Soak in Nature, Melt Away Stress**, Kate Havelin – Nature Writer, Minneapolis, MN. April 2, 2021. <https://katehavelin.medium.com/soak-in-nature-melt-away-stress-57e751f1c08c>
- **Forest Bathing**, Lake Minnetonka Magazine – Renée Stewart-Hester, Minneapolis, MN. March, 2021. Intro: <https://lakeminnetonkamag.com/march-2021-digital-edition-0> Article: <https://lakeminnetonkamag.com/forest-bathing>
- **Embrace Winter 30-Day Challenge**, Minneapolis Star Tribune – Erica Pearson, Minneapolis, MN. February 28, 2021. <https://www.startribune.com/embrace-winter-challenge-go-bird-watching-or-stargazing/600018138/>

2020

- **Being Out in Nature Does A Body (and a Brain) Good**, Minneapolis Star Tribune Magazine – Laine Bergeson Becco, Minneapolis, MN. Summer 2020, pp. 52-55. <https://www.startribune.com/being-out-in-nature-does-a-body-and-a-brain-good/571418622/>

2019

- **Nature-based therapy is an antidote to climate fatalism** Southwest Journal – Mira Klein, Minneapolis, MN. December 28, 2019. <https://www.southwestjournal.com/news/green-digest/2019/12/nature-based-therapy-is-an-antidote-to-climate-fatalism/>
- **Far from being 'woo woo,' research shows that forest bathing is calming and stress-reducing**, Minneapolis Star Tribune – Nicole Blanchard, Minneapolis, MN. August 2, 2019. <http://www.startribune.com/far-from-being-woo-woo-research-shows-that-forest-bathing-is-calming-and-stress-reducing/513678602/>
- **The Mental Health Benefits of 'Forest Bathing'**, MinnPost – Andy Steiner, Minneapolis, MN. May 14, 2019. <https://www.minnpost.com/mental-health-addiction/2019/05/the-mental-health-benefits-of-forest-bathing/>
- **Thinking "Green" for Downtown Rochester**, ABC 6 News, Rochester, MN. May 8, 2019. <https://www.kaaltv.com/news/thinking-green-for-downtown-rochester/5346159/>

2018

- **Summer Solstice, Stillness, Father's Day**, ThinkingGood.org June 15, 2018. <http://thinkinggood.org/storytelling/connecting/summer-solstice-stillness-fathers-day#more-1588>
- **A New Path for Public Engagement**, _SCAPE Magazine, Winter 2018 Issue #26, pp. 6-8.

2017

- **Eloise Butler Wildflower Garden Wetland Boardwalk Merit Award ASLA-MN 2017**, _SCAPE Magazine Awards Issue, Summer 2017 Issue #25.

2016

- **Eloise Butler Wildflower Garden Wetland Boardwalk**, World Landscape Architecture Magazine, November 1, 2016 Issue #28, pp.26-29.
- **Eloise Butler Wildflower Garden Wetland Boardwalk People's Choice Award ASLA-MN 2016**, _SCAPE Magazine Awards Issue, Summer 2016 Issue #23, pp. 47-48.
- **Gold Medal Design at Gold Medal Park**. Landscape Architect and Specifier News, March 2016, pp. 94-98.

2015

- **Zuckerberg + Salutogenics** Self-published via LinkedIn. December 2015. https://www.linkedin.com/pulse/zuckerberg-salutogenics-david-m-motzenbecker?trk=pulse_spock-articles
- **One Belief At A Time: Greening Cities + Saving Budgets** _SCAPE Magazine, Spring/Summer 2015.

- **One Belief At A Time: Greening Cities + Saving Budgets** Self-published via LinkedIn. August 2015.
<https://www.linkedin.com/pulse/one-belief-time-design-your-strengths-david-m-motzenbecker?trk=prof-post>
- 2014**
- **The Importance Of Place In A City's Success.** Guest Column, Minneapolis Downtown Council Blog. November 2014.
 - **Place Uber Alles.** Self-published via LinkedIn. October 2014.
<https://www.linkedin.com/pulse/20141023180046-3172974-place-uber-alles?trk=prof-post>
- 2013**
- **Green Infrastructure: For stadiums, your city and everywhere in between.** Minneapolis Journals, January 2013.
- 2012**
- **Forest Bathing: Let's Expand "Shinrin-Yoku in Minneapolis.** Minneapolis Journals, October 2012.
 - **Where People Find Their Place.** Minneapolis Journals, September 2012.
- 2011**
- **The Public Process, Replugged.** Landscape Architecture Magazine, July 2011, pp. 120-126.
 - **An Infusion of Commons Thinking Can Transform the Future of Our Communities** Published by On The Commons, April 2011.
 - **Year in Architecture 2011: Fantastic Facades.** Library Journal, December 15, 2011
<http://lj.libraryjournal.com/2011/12/buildings/library-buildings-2011/year-in-architecture-2011-fantastic-facades/#>
- 2010**
- **Public Landscape.** Selected project descriptions. Published by Rihan CC, PRC. pp.12-15, 30-32, 33-35, 44-47, 48-51, 82-87. May 2010.
- 2009**
- **North Loop Master Plan Pilots A Wiki.** Minneapolis Downtown Journal, Dec 7-20, 2009.
 - **Diversity & Design in the Urban Ecosystem.** The Commissioner (APA Press), Winter, 2009.
- 2008**
- **Carleton Launches Wiki For Arts Union Project Feedback.** Carleton College Community News, November 17, 2008.
 - **Afton invites residents to weigh in on Wiki page.** St. Paul Pioneer Press, March 27, 2008,
 - **In Minneapolis, public policy goes 'Wiki',** Finance & Commerce, Jan. 16, 2008, Vol.121, No.11, p. 1 & 16.
- 2007**
- **A Gold Standard For Parks** , Downtown Journal, May 21, 2007, p1 & p8.
 - **New park gets a gold star from its first visitors** , Star Tribune, May 17, 2007.
- 2006**
- **High Up On A Roof Top,** Architecture+12 July/August 2006, pp. 106-108.
 - **Topic: Law: A New Commission,** _SCAPE: Land and Design In The Upper Midwest, Summer 2006, pp. 11-14.
 - **Parents "Buy In" to Greening Of Sanford Middle School Site.** Longfellow/Nokomis Messenger, May 2006, pp. 8-9.
 - **Garden Design Between Formal and Bucolic.** International New Landscape, April 2006, No. 2., pp. 12-19.
 - **General Mills Corporate Campus Addition.** International New Landscape, February 2006, No. 1., pp. 06-18.
 - **2005 ASLA Professional Awards: Private Residential Garden.** International New Landscape, February 2006, No. 2., pp. 56-57.
 - **Medtronic Patent Garden: An Interesting Space Between Buildings.** International New Landscape, February 2006, No. 2., pp. 68-75.
- 2005**
- **Intellectual Aesthetics** Indian Architect & Builder, May 2005, Vol. 18, No. 9, pp. 50-52.
 - **Sculptural Contexts** Indian Architect & Builder, May 2005, Vol. 18, No. 9, pp. 70-73.
 - **Complex Simplicity: Designing A Serene Space In An Unlikely Location.** Landscape Architecture Magazine February 2005 pp. 66-71.
- 2001**
- **Gateways: An Exploration of Subtlety and Refinement in Design** – "Best In Show" Untitled No. 4 CALA Student Exhibition, April 2001 pp. 12-13.

INVITED REVIEWS + LECTURES

St. Thomas University – St. Paul, MN

- Visiting design critic, *Geography/Planning Studio*, April 2022.

Vermilion Community College – Ely, MN

- Guest Lecturer, *Environmental Literature*, Spring 2021.

Dunwoody Institute – Minneapolis, MN

- Visiting design critic, *Architecture Studio*, December 2021.

Minneapolis College – Minneapolis, MN

- Guest Lecturer, *Finding Resilience in the Forest: Benefits of a Slow Walk in the Woods*, Spring 2021.

University of Minnesota Center for Spirituality + Healing – Minneapolis, MN

- Co-Lecturer, *CSH 5521 Introduction to Restorative Environments and Therapeutic Landscapes*, Fall 2016.

University of Minnesota College of Design - Minneapolis, MN

- Visiting design critic, *Graduate GD I Landscape Architecture Studio*, December 2021.
- Invited presenter – Motz Studios Story, *Graduate Landscape Architecture Seminar Class*, April 2020.
- Visiting design critic, *Graduate Landscape Architecture Capstone Reviews*, April 2020.
- Visiting design critic, *Graduate Landscape Architecture Capstone Reviews*, February 2020.
- Visiting design critic, *Graduate Landscape Architecture Capstone Reviews*, April 2019.
- Visiting design critic, *Architecture 3711-Comparative Analysis & Discovery*, December 2018.
- Visiting design critic, *Graduate Landscape Architecture Capstone Review*, April 2018.
- Visiting design critic, *Graduate Landscape Architecture Capstone Review*, February 2018.
- Visiting design critic, *Graduate GD I Landscape Architecture Studio*, December 2017.
- Visiting lecturer, *Graduate Landscape Architecture Performance Metrics Class*, November 2017.
- Visiting design critic, *Graduate Landscape Architecture Studio 8201: Anthropocene Futures*, October 2017.
- Visiting design critic, *Undergraduate Architecture Studio 5212: The State of A Fair*, Fall Semester 2017.
- Visiting design critic, *Undergraduate Architecture Studio 4284: Studio IV: Urban Design: Prospect Park Innovation District*, March + May 2016.
- Visiting design critic, *Graduate Landscape Architecture Studio 8201: Designing Landscapes for Dwelling and Settlement - Everywhere Nowhere: Cleveland*, Dec. 2015.
- Visiting design critic, *Graduate Architecture Studio II: Prospect Park*, September 2014.
- Visiting design critic, *Graduate Landscape Architecture Studio 8201: Designing Landscapes for Dwelling and Settlement - Everywhere Nowhere: Chicago*, Dec. 2014.
- Visiting design critic, *Graduate Landscape Architecture Studio 8201: Designing Landscapes for Dwelling and Settlement - Paradigm Transformation: Seattle*, Dec. 2013.
- Visiting design critic, *Graduate Architecture Studio 8253: Network and Nodes + Fields and Flows*, Dec. 2013.
- Visiting lecturer, *LA 4755 Infrastructure, Natural Systems, and the Space of Inhabited Landscapes*, Oct. 2013
- Visiting design critic, *Graduate Landscape Architecture Studio 8201: Designing Landscapes for Dwelling and Settlement - Everywhere | Nowhere*, Spring 2013.
- Visiting design critic, *Graduate Landscape Architecture Studio 8201: Dwelling In Multifunctional Suburban Space*, Fall 2010.
- Visiting design critic, *Graduate Architecture Studio 8253: Temporality: Infrastructure, Performance and the City*, Fall 2010.
- Visiting design critic, *Graduate Architecture Studio 8254: Technical Design Development*, Spring 2009.
- Visiting design critic, *Graduate Landscape Architecture Studio 5201: Making Landscape Spaces & Types – Project 1 & Project 3*, September/October 2008.
- Visiting design critic, *Undergraduate Architecture Studio 4284: Provoking a New Form of Urbanity*, February-April 2007.
- Visiting design critic, *Undergraduate Architecture Studio 4281: Site*, Nov. & Dec. 2006
- Visiting lecturer, *LA 8302 Professional Practice in Landscape Architecture*, 2002-2015
- Visiting design critic, *Housing & Sustainability Graduate Architecture Design Studio*, 2004-05

University of Minnesota, Hubert H. Humphrey Institute of Public Affairs - Minneapolis, MN

- Visiting lecturer on Public Engagement, *PA 5011 – Management of Organizations*, Fall 2010.
- Visiting panelist, *PA 5221- Private Sector Development*, April 2009.
- Visiting design critic, *University Health Center Planning Studio*, 2006
- Project advisor, *Land Bridge Studio*, 2005

University of Minnesota Law School - Minneapolis, MN

- Visiting lecturer, *Local Economic Development Seminar – Urban Planning as Catalyst for Development*, February 2010.

University of St. Thomas, School of Law - Minneapolis, MN

- Visiting lecturer. *Property I – How the Planning Commission Works*. April 17, 2009.

University of St. Thomas – St. Paul, MN

- Visiting lecturer. *Geography & Design*, April 21, 2022.

University of St. Thomas, Center For Nonprofit Management - Community Leadership Institute, Minneapolis, MN

- Class curriculum development/planner, *Look Before You Leap: Visioning and Planning Skills for Community Development*, 2005

AWARDS, FELLOWSHIPS & RECOGNITIONS

- **2017 Merit Award:** Eloise Butler Wildflower Garden Boardwalk, Minneapolis, MN *Project Manager & Design Team member*. Presented by the American Society of Landscape Architects, Minnesota Chapter.
- **2016 People's Choice Award:** Eloise Butler Wildflower Garden Boardwalk, Minneapolis, MN *Project Manager & Design Team member*. Presented by the American Society of Landscape Architects, Minnesota Chapter.
- **2014 MN Brownfields ReScape Awards – Economic Impact:** Schmidt Brewery Artist Lofts, St. Paul, MN. *Landscape Architectural Design Lead*. Presented by Minnesota Brownfields.
- **2014 Best in Real Estate Awards – Adaptive Reuse - Multifamily:** Pillsbury A-Mill Artist Lofts, Minneapolis, MN. *Landscape Architectural Design Lead*. Presented by the Minneapolis/St. Paul Business Journal.
- **2014 Best In Real Estate Awards – Student Housing Development:** The Marshall, Minneapolis, MN. *Landscape Architectural Design Lead*. Presented by the Minneapolis/St. Paul Business Journal.
- **2014 Minneapolis DID Greening Awards – Best Street Tree Canopy Planting:** 222 Hennepin, Minneapolis, MN *Landscape Architectural Design Lead*. Presented by the Minneapolis Downtown Council, Downtown Improvement District.
- **2014 Minneapolis DID Greening Awards – Best Park:** Gold Medal Park, Minneapolis, MN *Project Manager & Design Team Member*. Presented by the Minneapolis Downtown Council, Downtown Improvement District.
- **2013 Community Design Award of Excellence:** MoZaic Art Park, Minneapolis, MN *Design Lead & Project Landscape Architect*. Presented by the American Society of Landscape Architects, Minnesota Chapter.
- **2013 Best In Real Estate Awards – Best Overall Winner – Mixed Use - Urban:** 222 Hennepin, Minneapolis, MN. *Landscape Architectural Design Lead*. Presented by the Minneapolis/St. Paul Business Journal.
- **2013 Best In Real Estate Awards – Adaptive Reuse - Multifamily:** Schmidt's Brewery Artist Lofts, St. Paul, MN. *Landscape Architectural Design Lead*. Presented by the Minneapolis/St. Paul Business Journal.
- **2012 Best In Real Estate Awards – Market Rate - Multifamily:** The Vue Residences, Minneapolis, MN. *Landscape Architectural Design Lead*. Presented by the Minneapolis/St. Paul Business Journal.
- **Fellow** – Studio E Entrepreneurial Leadership Program, *Cohort N 2015/16*
- **Fellow** – Buckman Fellowship for Leadership in Philanthropy, *Class of 2010/11*
- **Fellow** – US-Japan Leadership Program, *Class of 2010/11*
- **Fellow** – British American Project, *Class of 2008*
- **2010 Lob Pine Award for Exemplary Leadership and Mentorship** for the landscape architecture community over an extended period of time. The Lob Pine is the highest honor presented by the American Society of Landscape Architects, Minnesota Chapter.
- **2010 Design Merit Award for Unbuilt Works:** Augsburg College Quad & City Connections, Minneapolis, MN. *Design Team member*. Presented by the American Society of Landscape Architects, Minnesota Chapter.
- **2007 Design Merit Award** for Gold Medal Park, Minneapolis, MN. *Project Manager & Design Team member*. Presented by the American Society of Landscape Architects, Minnesota Chapter.
- **2007 APA National Planning Excellence Award for a Grassroots Initiative** for the Corridor Housing Initiative (CHI). *CHI Project Team Leader for Kingfield Neighborhood Association*. Presented by the American Planning Association, National Chapter.
- **2005 H.W.S. Cleveland Award for Leadership Potential** in Landscape Architecture. Presented by the American Society of Landscape Architects, Minnesota Chapter.
- **2004 Design Honor Award for Unbuilt Works** for the Rural Learning Center, Howard, SD. *Design team member*. Presented by the American Society of Landscape Architects, Minnesota Chapter.
- **2001 MLA Commencement Address Speaker**, University of Minnesota
- **2001 "Best of Show" Award** in CALA All-Student Exhibition, University of Minnesota

CIVIC & PROFESSIONAL VOLUNTEER POSITIONS

American Society of Landscape Architects, MN Chapter

- **Past President** – October 2018-November 2019

- **President** – October 2017-October 2018
- **President-Elect** – October 2016-October 2017
- **2018 Design Jury Member** for Upper NY State ASLA Chapter Awards
- **2005 Design Jury Member** for Iowa ASLA Chapter Awards
- **2004 Design Jury Member** for Michigan ASLA Chapter Awards
- **Student Chapter President** – 2000-2001

City of Minneapolis

- **President** - Minneapolis City Planning Commission, *Aug. 2006 – January 2013.*
- **Commissioner & Mayor’s Representative** - Minneapolis City Planning Commission *April 2005 - January 2013.*
- **Steering Committee Member** – Urban Agriculture Policy Plan. Minneapolis, MN. *March 2010 – December 2011.*
- **Steering Committee Member** – Lyn-Lake Small Area Plan. Minneapolis, MN. *2009.*
- **Steering Committee Member** – Uptown Small Area Plan. Minneapolis, MN. *2008.*
- **Steering Committee Member** – Mayor’s Great City Design Teams/Reweaving Initiative. Minneapolis, MN. *February 2006-May 2007.*

Minneapolis Downtown Council

- **Committee Member**, DT 2025 Plan, Greening Committee, *January 2011 – 2013.*
- **Committee Member**, Gateway Park Steering Committee, *March 2011 – 2014.*
- **Committee Member**, Greening Non-Profit Organization Steering Committee, *December 2011 – 2014.*

Urban Land Institute

- **Peer Advisor**, Young Leaders Group, Urban Land Institute-MN District Council *October 2006-2010.*
- **Executive Board Member**, Young Leaders Group, Urban Land Institute-MN District Council *October 2004-2006.*

Kingfield Neighborhood Association

- **President**, Kingfield Neighborhood, Minneapolis, MN *2002-2005*
- **Redevelopment/Zoning Chair** Kingfield Neighborhood, Minneapolis, MN *2000-Oct. 2005*
- **Steering Committee Member** - Corridor Housing Initiative, *August 2005-December 2006.*
- **Project Team Leader - Kingfield Neighborhood** - 2004 Corridor Housing Initiative Project
- **Board Member** - King Bridge Partnership, *June 2004-December 2006.*

Other Organizational Positions

- **Executive Board Member** – Buckman Fellowship. *November 2011 – March 2014.*
- **President** – SoHo Lofts Association. *January 2009 – March 2011.*
- **Executive Board Member** – British-American Project. *November 2008-November 2010*

EDUCATION

Certificate in Forest Therapy Trail Certification Association of Nature & Forest Therapy Guides (ANFT)	August 2019
Guide Certification in Shinrin-Yoku / Forest Therapy Association of Nature & Forest Therapy Guides (ANFT)	Feb 2019
Certificate in Primal Branding Strategies Pat Hanlon, Principal, Thinktopia; Author: Primal Branding	June 2018
Master of Landscape Architecture University of Minnesota, Minneapolis, MN	May 2001
Bachelor of Arts in Advertising/Creative Communication Valparaiso University, Valparaiso, IN	May 1992

LANDSCAPE ARCHITECTURAL LICENSE REGISTRATIONS

- State of Minnesota - License #47290